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emBODY project Theatre announces *emBODY project*, a devised performance about truth in the body

(Weymouth, MA.) – March 14, 2025 – emBODY project Theatre announces *emBODY project*, an original devised performance that asks a simple, unsettling question: *What if we built theatre from the body's truth first?* Performances will run March 14, 2025 at Marie Weston Chapman Middle School, 1051 Commercial Street, Weymouth, MA., 02189

Created through the emBODY Performance Method, *emBODY project* brings together an ensemble of performers to explore the body as a site of memory, resistance, and imagination. The piece moves between text, movement, and image, drawing on the lived experiences of the ensemble to create a collage of stories about identity, power, and the scripts our bodies are asked to carry.

"The body is not just something that performs," says creator and director Corinne M. Mason. "It's something that remembers. We built this piece by listening to the body first – to what it refuses, what it longs for, what it has never been allowed to say out loud."

Using radical honesty and a collaborative rehearsal process, the ensemble developed the performance through scores, improvisations, and writing rooted in the emBODY Performance Method. The result is a work that feels part ritual, part confession, part call to action, inviting audiences to witness the performers' stories while reflecting on their own.

*emBODY project* features Magdalene Bastarache, John Crampton, Natasha Dias, Sabrina Nedder, Lauren Vanderwater, and Theophile Victoria, with direction by Corinne M. Mason, Co-Direction by Brendan C. Cawley, Playwriting by Alex Moon, and production support from Nicky Carbone, Steven Harrington, Keion Jevon, and Matthew Duong.

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## Performance Information

Title: *emBODY project, an MFA Thesis*

Created & Directed by: Corinne M. Mason and Brendan C. Cawley

Company: emBODY project Theatre

Dates: Friday, March 14, 2025

Times: 7:30 PM

Venue: Marie Weston Chapman Middle School, 1051 Commercial Street, Weymouth, MA., 02189

Tickets: Donation, or Pay What You Can

Ticketing link: [www.embodyproject.com](http://www.embodyproject.com), seating is limited.

Runtime: Approximately 90 minutes, without intermission

Age recommendation / content considerations: This piece contains strong language and themes of identity and body culture. Recommended for ages 14+ or parental discretion is advised.

Accessibility information:

Free Parking, Accessible Parking, Wheelchair Accessible, Audio Description Available

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## About *emBODY project* (the production)

The *emBODY project, an MFA Thesis* seeks to explore body culture in relation to space, social construction, cultural tradition, and agency, and the impact that has on a performer engaged in theatrical storytelling. This project will give space and time to an underserved topic in the field of theater performance, the topic of bodies and history, bodies and space, and bodies in motion as a means of artist storytelling in relation to the way body culture makes the artist feel. Our efforts will use community interviews and physical theater practitioners to collect stories that will be used in a devised movement-based theater piece performed by the artists of Lab.

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## About the Cast

Magdalene Bastarache, Lab Artist

(she/her/hers) Maggie is a Middleboro based actress and has been performing in since high school. She is a recent graduate of Massasoit Community College, with Business Administration and Theatre Arts degrees. Some of her favorite roles include Lady Bracknell in *The Importance of Being Earnest*, Big Stone/Father in *Eurydice*, and Jo March in *Little Women*. She'd like to thank her family for their years of support and her friends for pushing her to continue performing on the stage.

Natasha Dias, Lab Artist

(She/Her/Hers) Natasha Dias is a current student at Massasoit majoring in Theatre. Since when she was 12 years old, Natasha has been passionate about theatre and arts. Natasha hopes the future will treat her well and to become an actress, director and a playwright. She is looking forward to a new beginning and expand her theatrical knowledge. Natasha expects to continue working in theatre after graduating, and change the world through the arts.

Sabrina Nedder, Lab Artist

(she/her/hers) Sabrina Nedder is a Boston-based actress, dancer, and teaching artist. She received her Associates Degree in Theatre Arts from Massasoit Community College and is continuing her education with the goal of attaining a BFA in Theatre Arts at Salem State University. She has also completed 10 years of training at the Summer Stage Theatre Program. Sabrina has performed for over 20 years and has worked with various companies including Massasoit Theatre Company, Summer Stage Theatre, and Bay Colony Performing Arts. She has taught and directed at the Summer Stage Theatre Company for six years and has directed several one-act plays. Currently, she is continuing her teaching and directing work at Summer Stage Theatre Company.

Lauren Vanderwater, Lab Artist

(she/her/hers) Lauren Vanderwater is a life long performer, who is always looking for new ways to grow her creative inventory. She is an artist that strives to bring people together through her art by starting conversations, and engaging the audience to try and make them feel like they are more than just observers. Through this mission, Lauren hopes to use her knowledge of movement and body language to help educate and inform others of the great importance that is knowing and learning the body, and why it is so impactful and necessary when it comes to performance.

Theophile Victoria, Lab Artist

(He/Him/His) Theo is a versatile performer and choreographer who creates work from a core belief. Hip-Hop is the universal solvent to American art culture. He is a recent graduate from Salem State University where he completed a B.A. in Dance with a Theatre minor and a Hip-Hop concentration (one of the rarest concentrations in the country). Theo currently dances with Project31 and has performed all over New England including at the Bates Dance Festival. Overall, this performer and leader loves to work in community centric environment where each one, can teach one.

For more information on the emBODY project Theatre Team visit:

<https://www.embodyprojecttheatre.com/team>

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### About emBODY project Theatre

emBODY project is an emerging theatre company and training hub grounded in the emBODY Performance Method, a devised performance framework created by Corinne M. Mason. The company creates embodied storytelling and training that centers freedom, presence, and authenticity, using radical honesty and collaborative process to make work that moves, connects, and liberates.

emBODY project operates at the intersection of performance, pedagogy, and research, offering productions, Labs, and Studio training for artists, students, and institutions interested in body-centered, culturally conscious theatre-making.

Learn more at <https://www.embodyprojecttheatre.com/about> .

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### About the emBODY Performance Method

The emBODY Performance Method is a performance methodology developed by Corinne M. Mason, originally explored in the MFA thesis project *emBODY project*. The method treats the body as a site of knowing – not just something that performs, but something that remembers, resists, and reimagines. Through scores, ensemble practices, and structured improvisation, the method invites artists to build work from lived experience, body culture, and social context, foregrounding freedom, presence, and authenticity in the rehearsal room and on stage.