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emBODY project Theatre presents *The Horror Lab: Bodies, Fear & Performance*, a devised immersive horror tea party built from the body's truth

(Canton, MA) – January 31, 2026 – emBODY project Theatre announces **The Horror Lab: Bodies, Fear & Performance**, a devised, immersive experience and the culminating performance of a practice-as-research project led by emBODY project Theatre. Performances run **April 24 and 25, 2026 at 8:00 PM at 95 Washington Street, Canton, MA 02021**.

Built through the **emBODY Performance Method**, *The Horror Lab* explores a core question: **What happens when horror is built from bodies and space instead of relying on blood, tricks, or sound cues?** Over several months, an ensemble of artists investigated fear through breath, posture, repetition, proximity, and the subtle ways tension travels through a room.

The result is an immersive, horror-filled tea party that serves a series of eerie vignettes. Rather than mining personal trauma, the ensemble worked with shared images, cultural scripts, and the pressures that haunt everyday life. Horror here is not about gore. It is about etiquette gone wrong, intimate tension, and the unsettling feeling that the room itself is paying attention.

“The deeper we go, the more we see that fear is one of the primary forces that constrains performers,” says creator and director Corinne M. Mason. “This Lab asks what becomes possible when we learn to locate fear in the body, track it, and work with it. Not to fix it, but to get freer inside it.”

Part performance and part live experiment, *The Horror Lab* invites audiences to sit inside the genre as it is being tested in real time. Audience members may be seated around an oversized dinner table for heightened immersion or on the periphery for a more observational experience. The evening also includes an extended pre-show experience that welcomes audiences into a Victorian-inspired world with vendors and small interactive offerings before the performance begins.

The Horror Lab: Bodies, Fear & Performance is a **world premiere**, a **new Lab cohort**, and a region-first investigation into the theatrical potential of horror as embodied research. Audience feedback is considered a vital part of the project's ongoing inquiry and future application.

Performance Information

Title: *The Horror Lab: Bodies, Fear & Performance*

Company: emBODY project Theatre

Format: Devised, immersive performance (practice-as-research Lab culminating event)

Dates: Friday, April 24, 2026 and Saturday, April 25, 2026

Time: 8:00 PM

Venue: 95 Washington Street, Canton, MA 02021

Runtime: Approximately 75 minutes

Tickets: \$20, \$10 with student ID (with valid ID) (April 24), Pay-What-You-Can (April 25)

Capacity: 50 seats total (25 immersive table seats, 25 peripheral observation seats)

Ticketing: Ticketing policies and links available on the production page at embodyprojecttheatre.com

Age recommendation / content considerations: 18+; horror-based material; may include explicit content, violence, loud noises, and flashing lights. Content is still evolving during the devising process. Support resources are available on the company website.

Accessibility

Wheelchair accessible; accessible seating; accessible parking; accessible restrooms.

Sensory needs accommodations are available with advance notice.

ASL, captions, and audio description are not currently scheduled; if you need these supports, the company will explore options upon request.

Consent and Audience Participation

Audience participation will occur **only with explicit consent**. Each audience member will receive two napkins to signal boundaries:

- **Red napkin:** open to close proximity and possible physical touch
 - **Black napkin:** no close proximity or physical touch
- Performers will use these signals to guide all engagement.
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Production Credits

Director: Corinne M. Mason

Assistant Director: Jamie DiCiccio

Co-created by: the Lab artists

Cast:

Magdalene Bastarache; Melanie Cardoso; Noel Connolly; John Crampton; Lucio Faria; Sabrina Nedder; Jill Sweetman-Gonzalez; Lauren Vanderwater; Theo Victoria;

Additional Production Team:

Lexi Thompson (Stage Manager)
Kaylee Cannif (Assistant Stage Manager)
Brendan C. Cawley (Director of Research and Rehearsal Culture)
Magdalene Bastarache (Managing Director)
Nicky Carbone (Stage Management Mentor)
Matthew Duong (Photographer)
Steven Harrington (Lighting Designer)
Julia Hoyt (Composer)
Keion Jevon (Documentarian)
Sabrina Nutter (Public Relations)
Lauren Vanderwater (Technical Director)

Partners: emBODY project Theatre collaborates with multiple partners that may shift across the process. The current partner list is maintained on the production page for *The Horror Lab*.

About *The Horror Lab: Bodies, Fear & Performance*

The Horror Lab is emBODY project Theatre's theatrical research and experimentation container, where artists generate new content through physical theatre devising while exploring questions at the intersection of performance, culture, and identity. This Lab focuses on horror as an underexplored theatrical genre and asks how fear, when understood as embodied information, can become a tool for presence, freedom, and authenticity for performers and audiences alike.

About emBODY project Theatre

emBODY project Theatre is an emerging theatre company and training hub grounded in the emBODY Performance Method, a devised performance framework created by Corinne M. Mason. The company creates embodied storytelling and training that centers freedom, presence, and authenticity, using radical honesty and collaborative process to make work that moves, connects, and liberates.

Learn more at embodyprojecttheatre.com.

About the emBODY Performance Method

The emBODY Performance Method treats the body as a site of knowing, not just something that performs, but something that remembers, resists, and reimagines. Through scores, ensemble practices, and structured improvisation, the method invites artists to build work from lived experience, body culture, and social context, foregrounding freedom, presence, and authenticity in the rehearsal room and on stage.